

Stream Source Health & Safety Bulletin

August 2022













Welcome to your Quarterly Health and Safety Bulletin!

Stream Source's is committed to providing a healthy and safe work environment, and to be effective, we all must do our part.

Watch your email for these quarterly bulletins for helpful hints and reminders on how to stay safe and enhance your wellness.

Ten Workplace Safety Tips

-  Immediately report any workplace hazards, substandard conditions or unsafe practices to your Manager or the Quality Health and Safety Department.
-  Promptly report any work-related injury, accident, incident or near loss – no matter how minor they may seem – to your Manager or the Quality Health and Safety Department.
-  Report to work physically, mentally and emotionally fit. This will enable you to perform the assigned tasks competently, and in a manner that does not threaten or endanger your safety or health, or the safety or health of others that you may encounter during the work day.
-  Practice good housekeeping in the workplace. Maintaining your work area promotes organization and attentiveness, both aspects of promoting safety in the workplace.
-  Wear your personal protective equipment onsite and keep it in good working order.
-  Maintain proper posture. It's important to carry out job tasks with proper posture. From lifting heavy objects to even sitting at a computer, poor posture can impact your immediate and long term health.
-  Follow procedure, don't take shortcuts. Processes are in place to ensure workplace safety and quality control. Never skip steps.
-  Be aware of your surroundings. Check your surroundings and make sure they are up to standards.
-  Keep exits clear of debris. Try to keep walkways clear and take care not to block exits.
-  Know your fire safety protocol, exits and external meeting place.



Mark your calendars!

The week of September 12-16 is Health and Safety week hosted by our operating partner Agilus. Visit the Agilus website (Agilus.ca) for useful information on nutrition, sleep, exercise, mental health and workplace safety. Check your email on how you can support the week.

Have any questions regarding this bulletin or workplace health & safety? Contact our operating partner at: safety@agilus.ca

